RESOURCE GUIDE

SOCIAL**DALLAS**

RESOURCES

CRISIS HOTLINES:

Domestic Violence: 1-800-799-7233
Encouragement and Prayer: 1-800-633-3446
Human Trafficking: 1-888-373-7888
Mental Health Crisis: 1-800-260-8000
Sexual Assault: 1-800-656-4673
Suicide Prevention: 1-800-273-8255
Youth and Runaway: 1-800-786-2929
Veteran Crisis Line: 1-800-273-8255

NON-IMMEDIATE CRISIS RESOURCES:

Dallas Life: (214) 421-1380 | dallaslife.org
The Stewpot: (214) 746-2785
Salvation Army: (214) 424 7112
Lifepath (mental health): (877) 422-5939

EXPERIENCING DOMESTIC VIOLENCE:

Genesis Women's Shelter
(214) 946-4357 | genesisshelter.org

SHELTERS:

VA Homeless Housing:
(800) 849-3597

Oxford house:
(469) 730-2947

Dallas Life:
(214) 421-1380 | dallaslife.org

Austin Street Center:
(214) 428-4242 | austinstreet.org

OurCalling*:
(214) 444 - 8796 | ourcalling.org

**The OurCalling app is free to download and it gives details about where to find food, shelter, medical, churches, resources, addiction services, DV resources, and housing resources around Dallas. An INCREDIBLE and user-friendly resource.*

FOR THOSE WITH KIDS:

Salvation Army, transitional housing for women:
(214) 424-7112

Oxford House: (469) 730-2947

RESOURCES

FOOD & CLOTHING:

Dream Center Dallas:

1900 S. Ewing Ave. Dallas, TX 75216

Free Groceries (Every Thursday Afternoon):
2755 E. Ledbetter Dr., Dallas, TX 75216
4836 Sunnyvale St., Dallas, TX 75216
3035 E. Ledbetter Dr., Dallas, TX 75216
4950 Wadsworth Dr., Dallas, TX 752216

Free Grocery Drive-Thru:
12:00 pm - Second Saturday of the Month

Women's Store (Every Thursday Afternoon):
11:00 am - 12:00 pm

RESOURCES

LOCAL HOUSING/RENTAL ASSISTANCE :

2-1-1 Texas
(877) 541-7905 | 211texas.org

City of Dallas Department of Housing
(214)-670-8367 | dallascityhall.com

ULGD Urban League of Dallas
(214) 915-4600 | needhelppayingbills.com

Dallas Housing Authority
(214) 951-8300 | dhantx.com

Care Church
(972) 231-8231 | carechurch.org

North Dallas Shared Ministries
(214) 358-8700 | ndsm.org

Housing Crisis Center
(214) 828-4244

Hope Restoration Inc.
(833) 840-4673 | restorehope.services

Dallas County Veterans Service Office
(972) 692-4939 | dallascounty.org

White Rock Center of Hope
(214) 324-8996 | whiterockcenterofhope.org

Metrocrest Services
(972) 446-2100 | metrocrestservices.org

RESOURCES

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SOBER LIVING:

Cardinal House (Men only)
(214) 897-3092 | cardinalhouserecovery.com

Arbor Park (Men only):
(469) 412-4572 | dallassoberliving.com

Patton House (Men only, especially young adults)
(469) 734-7500 | pattonsoberliving.com

Simply Grace (Women only)
(214) 774-9808 | simplygracehouse.com

Elevated Sober Living (Men and Women)
(214) 354-4598 | elevatedsoberliving.com

Solutions of North Texas (Men and Women– residential and non-residential services)
(940) 898-6202 | sontx.org/sontx-residential/

Oxford House (Men and Women)
(469) 730-2947 | oxfordhouse.org

TREATMENT PROGRAMS:

Magdelan House:
(214) 324-9261 I https://magdalenhouse.org

Light House Recovery Center (Men and Women- residential and non-residential services)
(214) 396-0259 |lighthouserecoverytx.com

DETOX:

24 hour club detox/transitioning from homelessness:
(214) 823-3200 | dallas24hourclub.org

PROGRAMS FOR THOSE WITH INSURANCE:

Discovery Point: (469) 643-4022

The Haven in Sherman: (903) 609-0544
The nearest hospital should provide detox services.
Many 30 day treatment centers also offer detox.

PROGRAMS FOR THOSE WITHOUT INSURANCE:

Nexus (in Dallas county): (214) 306-5709
Magdalen House: (214) 324-9261
Homeward Bound: (214) 941-3500
Turtle Creek: (214) 871-2483

RESOURCES

CHRISTIAN COUNSELORS:

Anticipate Joy
(800) 733-5569 | anticipatejoy.com

Randy Bailey - Healthy Homes (Plano)
(972) 832-9788 | healthyhomescounseling.com

Focus On The Family
(800) 232-6459 | focusonthefamily.com

Holman Family Services
(972) 375-1200 | holmanfamilyservices.com

Compass Counseling
(817) 601-5877 | compasscounselingdfw.com

Live Well Counseling
(806) 316 – 5595 | livewellcounseling.com

Better Help
(888) 688-9296 | betterhelp.com

THERAPISTS:

Meierclinics.com
2150 Lakeside Blvd

Minirthclinic.com
1200 E. Collins Blvd, Richardson, Tx 75081
Phone: 888.646.4784

The Christian Counselors of Texas
Their website provides a directory of Licensed professionals who integrate Spiritual (mostly Christian) with professional therapy. Website: cctx.org

RESOURCES

HUMAN TRAFFICKING SUPPORT:

FOR ADULTS:

A21
800-THE-LOST- | a21.org | Text 233-733
Cyber Tip Line (888) 373-7888

Rescue Her
(817) 885-9716 | rescueher.org

The Net Forth Worth
(682) 233-4283 | thenetfw.com

Rescue Hill
(682) 252-4777 | rescuehill.org

New Friends New Life
(214) 965-0935 | newfriendsnewlife.org

FOR MINORS:

A21
800-THE-LOST- | a21.org | Text 233-733
Cyber Tip Line (888) 373-7888

Traffick911
(817) 575-9923| traffick911.com

New Friends New Life
(214) 965-0935 | newfriendsnewlife.org

One Safe Place
(817) 916-4323 | onesafeplace.org

RESOURCES

PORNOGRAPHY PREVENTION RESOURCE:

Download covenant eyes:
covenanteyes.com

RESOURCES