

21 DAYS OF
PRAYER &
FASTING

“DRAW NEAR”

SOCIAL DALLAS
2 0 2 6

**"COME NEAR
TO GOD AND
HE WILL COME
NEAR TO YOU."**

JAMES 4:8 NIV

WHAT IS FASTING?

Fasting is intentionally setting aside something — often food, distractions, or comforts — to focus more deeply on God through prayer, worship, and His Word. This mid-year fast is an opportunity to:

- Refocus spiritually
- Seek God for direction
- Break unhealthy habits
- Grow in faith and discipline
- Pray intentionally for yourself, family, church, and community

SUGGESTED FAST OPTIONS

CHOOSE A FAST
PRAYERFULLY AND WISELY.

PARTIAL FAST—

- FAST ONE MEAL DAILY
- EAT ONLY FRUITS/VEGETABLES DURING CERTAIN HOURS
- DANIEL FAST-STYLE MEALS

MEDIA FAST—

- LIMIT SOCIAL MEDIA, TV, ENTERTAINMENT, OR UNNECESSARY PHONE USE

LIFESTYLE FAST—

- FAST DISTRACTIONS, UNHEALTHY HABITS, GOSSIP, COMPLAINING, ETC.

DAILY STRUCTURE SUGGESTION

MORNING

- Worship
- Read the daily scripture
- Pray through the prayer points

MIDDAY

- Pause for gratitude and reflection
- Pray briefly over your day

EVENING

- Journal what God is teaching you
- End with thanksgiving and worship

WEEK
ONE

CONSECRATION & RENEWAL

DAY 1

SURRENDER

21 DAYS OF PRAYER
& FASTING

THEREFORE, I URGE YOU, BROTHERS AND SISTERS, IN VIEW OF GOD'S MERCY, TO OFFER YOUR BODIES AS A LIVING SACRIFICE, HOLY AND PLEASING TO GOD—THIS IS YOUR TRUE AND PROPER WORSHIP. DO NOT CONFORM TO THE PATTERN OF THIS WORLD BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND. THEN YOU WILL BE ABLE TO TEST AND APPROVE WHAT GOD'S WILL IS—HIS GOOD, PLEASING AND PERFECT WILL.

ROMANS 12:1–2 NIV

PRAYER POINTS:

- SURRENDER EVERY AREA OF LIFE TO GOD
- ASK GOD TO RENEW YOUR MIND
- PRAY FOR SENSITIVITY TO THE HOLY SPIRIT

DAY 2 — REPENTANCE

CREATE IN ME A PURE HEART, O
GOD, AND RENEW A STEADFAST
SPIRIT WITHIN ME.

PSALM 51:10 NIV

PRAYER POINTS:

- ASK GOD FOR A CLEAN HEART
- REPENT FOR HIDDEN SINS AND
DISTRACTIONS
- PRAY FOR SPIRITUAL PURITY

21 DAYS OF PRAYER
& FASTING

DAY 3 HUNGER FOR GOD

BLESSED ARE THOSE WHO HUNGER AND THIRST
FOR RIGHTEOUSNESS, FOR THEY WILL BE FILLED.

MATTHEW 5:6 NIV

PRAYER POINTS:

- PRAY FOR A DEEPER DESIRE FOR PRAYER AND THE WORD
- ASK GOD TO REMOVE SPIRITUAL DRYNESS
- PRAY FOR CONSISTENCY IN DEVOTION

If any of you lacks wisdom, you
should ask God, who gives
generously to all without finding
fault, and it will be given to you.

JAMES 1:5 NIV

PRAYER POINTS:

- PRAY FOR WISDOM
IN DECISIONS
- ASK FOR
DISCERNMENT IN
RELATIONSHIPS

DAY 4

WISDOM & DISCERNMENT

**WEEK
TWO**

FAMILY, RELATIONSHIPS & COMMUNITY

**DAY
5
FAMILY**

BUT IF SERVING THE
LORD SEEMS
UNDESIRABLE TO
YOU, THEN CHOOSE
FOR YOURSELVES
THIS DAY WHOM YOU
WILL SERVE,
WHETHER THE GODS
YOUR ANCESTORS
SERVED BEYOND
THE EUPHRATES, OR
THE GODS OF THE
AMORITES, IN
WHOSE LAND YOU
ARE LIVING. BUT AS
FOR ME AND MY
HOUSEHOLD, WE
WILL SERVE THE
LORD

JOSHUA 24:15 NIV



PRAYER POINTS:

- PRAY FOR SALVATION AND
UNITY IN FAMILIES
- PRAY FOR HEALING IN
RELATIONSHIPS
- ASK GOD TO STRENGTHEN
HOMES

DAY SIX

Marriages & Relationships

TWO ARE BETTER THAN ONE, BECAUSE THEY HAVE A GOOD RETURN FOR THEIR LABOR: IF EITHER OF THEM FALLS DOWN, ONE CAN HELP THE OTHER UP. BUT PITY ANYONE WHO FALLS AND HAS NO ONE TO HELP THEM UP.
ECCLESIASTES 4:9-10 NIV

PRAYER POINTS:

- PRAY FOR HEALTHY COMMUNICATION
- PRAY FOR RESTORATION AND FORGIVENESS
- ASK GOD FOR CHRIST-CENTERED RELATIONSHIPS

Day 7— Children & Youth

Hold them in the highest regard in love because of their work. Live in peace with each other.

1 Timothy 4:12 NIV

Prayer Points:

- Pray for protection and wisdom over youth
- Pray for confidence and identity in Christ
- Ask God to raise bold believers

DAY 8

FRIENDSHIPS & COMMUNITY
THROUGH CONNECT GROUPS

PRAYER POINTS:

- PRAY FOR GODLY FRIENDSHIPS
- ASK GOD TO REMOVE TOXIC INFLUENCES
- PRAY FOR STRONGER CHRISTIAN COMMUNITY

AS IRON SHARPENS IRON,
SO ONE PERSON SHARPENS
ANOTHER.
PROVERBS 27:17 NIV

CHURCH LEADERSHIP -

PASTORS, ELDERS, CONNECT GROUP
LEADERS, SERVANT LEADERS

NOW WE ASK YOU, BROTHERS AND SISTERS,
TO ACKNOWLEDGE THOSE WHO WORK HARD
AMONG YOU, WHO CARE FOR YOU IN THE LORD
AND WHO ADMONISH YOU. HOLD THEM IN THE
HIGHEST REGARD IN LOVE BECAUSE OF THEIR
WORK. LIVE IN PEACE WITH EACH OTHER.

1 THESSALONIANS 5:12-13 NIV

PRAYER POINTS:

- PRAY FOR PASTORS AND MINISTRY LEADERS
- ASK GOD FOR STRENGTH, WISDOM, AND PROTECTION
- PRAY FOR FRESH VISION AND UNITY



Day 10— The Church

AND I TELL YOU THAT YOU ARE
PETER, AND ON THIS ROCK I WILL
BUILD MY CHURCH, AND THE GATES
OF HADES WILL NOT OVERCOME IT.

MATTHEW 16:18 NIV

PRAYER POINTS:

- PRAY FOR REVIVAL IN THE CHURCH
- PRAY FOR SALVATIONS AND DISCIPLESHIP
- ASK GOD TO DEEPEN LOVE AND UNITY

DAY ELEVEN

Outreach & Evangelism

PRAYER POINTS:

- PRAY FOR BOLDNESS TO SHARE THE GOSPEL.
- PRAY FOR SOULS TO ENCOUNTER JESUS.
- ASK GOD TO USE YOU AS A LIGHT.

THEREFORE GO AND MAKE
DISCIPLES OF ALL NATIONS,
BAPTIZING THEM IN THE
NAME OF THE FATHER AND OF
THE SON AND OF THE HOLY
SPIRIT, AND TEACHING THEM
TO OBEY EVERYTHING I HAVE
COMMANDED YOU. AND SURELY
I AM WITH YOU ALWAYS, TO
THE VERY END OF THE AGE.

MATTHEW
28:19-20

Week Three

21 DAYS OF PRAYER
& FASTING

Walking in Faith
& Trusting God's Promises

DAY 12

FAITH

OVER FEAR

FOR GOD HAS NOT GIVEN US A
SPIRIT OF FEAR, BUT OF POWER AND
OF LOVE AND OF A SOUND MIND.
2 TIMOTHY 1:7 NKJV

PRAYER POINTS:

- THANK GOD FOR HIS PRESENCE IN EVERY SITUATION.
- ASK HIM TO REPLACE FEAR WITH FAITH AND CONFIDENCE.
- PRAY FOR COURAGE TO OBEY GOD EVEN WHEN THE OUTCOME IS UNCERTAIN.
- DECLARE GOD'S PEACE OVER YOUR MIND AND HEART.

DAY 13—TRUSTING GOD'S TIMING



HE HAS MADE EVERYTHING BEAUTIFUL IN ITS TIME.
ECCLESIASTES 3:11 NIV

PRAYER POINTS:

- THANK GOD FOR HIS PERFECT TIMING.
 - PRAY FOR PATIENCE WHILE WAITING ON HIS PROMISES.
 - ASK GOD TO HELP YOU TRUST HIS PROCESS.
- PRAY FOR WISDOM TO DISCERN HIS DIRECTION.

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STANDING ON GOD'S PROMISES

FOR ALL THE PROMISES
OF GOD IN HIM ARE YES,
AND IN HIM AMEN.
2 CORINTHIANS 1:20 NKJV

PRAYER POINTS:

- THANK GOD FOR HIS TRUSTWORTHY WORD.
- PRAY FOR GREATER CONFIDENCE IN GOD'S PROMISES.
- ASK THE HOLY SPIRIT TO HELP YOU APPLY SCRIPTURE DAILY.
- PRAY FOR STEADFAST FAITH DURING DIFFICULT SEASONS.

Day 15

Healing

*BUT I WILL RESTORE YOU TO HEALTH
AND HEAL YOUR WOUNDS,' DECLARES
THE LORD, 'BECAUSE YOU ARE CALLED
AN OUTCAST, ZION FOR WHOM NO
ONE CARES.' JEREMIAH 30:17 NIV*

PRAYER POINTS:

- PRAY FOR PHYSICAL HEALING
- PRAY FOR EMOTIONAL AND SPIRITUAL HEALING
- ASK GOD FOR STRENGTH AND RESTORATION

Day 16 — Finances & Provision

AND MY GOD WILL
MEET ALL YOUR NEEDS
ACCORDING TO THE
RICHES OF HIS GLORY
IN CHRIST JESUS.
PHILIPPIANS 4:19 NIV

PRAYER POINTS:

- PRAY FOR WISDOM IN FINANCES
- ASK GOD FOR PROVISION AND STEWARDSHIP
- PRAY AGAINST FEAR AND LACK

STRENGTH FOR THE JOURNEY

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PRAYER POINTS:

- THANK GOD FOR BEING YOUR SOURCE OF STRENGTH.
- PRAY FOR PHYSICAL, EMOTIONAL, AND SPIRITUAL RENEWAL.
- ASK GOD TO HELP YOU DEPEND ON HIM DAILY.
- PRAY FOR ENDURANCE TO FINISH WHAT GOD HAS CALLED YOU TO DO.

THOSE WHO HOPE IN
THE LORD WILL RENEW
THEIR STRENGTH."
ISAIAH 40:31 NIV

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DAY 18 — CHOOSING PEACE OVER WORRY

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. **Philippians 4:6-7 NIV**

Prayer Points:

- Surrender every worry and burden to God.
- Pray for peace in your family, workplace, and relationships.
- Ask God to increase your trust in Him.
- Pray for a mind focused on God's truth.

DAY 19 *Purpose & Calling*

PRAYER POINTS:

- PRAY FOR CLARITY IN PURPOSE
- PRAY FOR FAVOR AND DIRECTION
- ASK GOD TO CLOSE WRONG DOORS GOD TO GUIDE YOUR STEPS

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11 NIV

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FRESH FIRE &
COMMISSIONING



BUT YOU WILL RECEIVE
POWER WHEN THE HOLY
SPIRIT COMES ON YOU; AND
YOU WILL BE MY WITNESSES
IN JERUSALEM, AND IN ALL
JUDEA AND SAMARIA, AND
TO THE ENDS OF THE
EARTH.”

ACTS 1:8 NIV

PRAYER POINTS:

- PRAY FOR FRESH PASSION AND BOLDNESS
- ASK GOD TO FILL YOU WITH THE HOLY SPIRIT
- COMMIT THE REST OF THE YEAR TO GOD

21

Finishing Strong



LET US NOT
BECOME WEARY IN
DOING GOOD, FOR
AT THE PROPER
TIME WE WILL
REAP A HARVEST
IF WE DO NOT
GIVE UP.
GALATIANS 6:9
NIV



PRAYER POINTS:

- THANK GOD FOR CARRYING YOU THROUGH THE MONTH.
- PRAY FOR STRENGTH TO FINISH THE YEAR STRONG.
- ASK GOD FOR FRESH VISION AND PURPOSE.
- PRAY FOR SPIRITUAL GROWTH AND A DEEPER RELATIONSHIP WITH CHRIST

JOURNALING PROMPTS

- WHAT IS GOD TEACHING ME DURING THIS SEASON?
- WHAT DISTRACTIONS IS GOD ASKING ME TO RELEASE?
- WHERE HAVE I SEEN GROWTH THIS YEAR?
- WHAT AM I BELIEVING GOD FOR IN THE SECOND HALF OF THE YEAR?

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